

“WHAT IT TAKES!” CONFERENCE

Join us for a day of camaraderie, networking, learning, and fun! We expect the conference to fill up, so register early.

7 hours continuing education

Door Prizes - Vendors - Book Fair

KEYNOTE- MUSIC AND THE BRAIN

Music not only excites and electrifies, but it produces and orchestrates neural functionality. Just listening synchronizes brainwaves, the nervous system, pain tolerance, mood, and your immune system. Musicians have sophisticated neural networks like tracks of the railroads. It grows more mass in the brain (especially the hippocampus), boosts cognition, linguistics, spatial rotation, social interaction, & empathy. (1 hour-TP 17.1, CGDL 7.1)

WONDERFUL BOYS: ENGAGING BOYS IN EARLY CHILDHOOD SETTINGS

Young boys represent 54% of the preschool population but 79% of children who are suspended. Understanding the unique needs of boys and how to adapt to the learning environment are just some of the ideas that will be explored. Participants will use this information to create an environment that supports these active learners. (2 hours-CDGL 2.2, CGDL 4.1, CGDL 3.2, CGDL 7.2, TP 1.2, TP 8.2)

LIVING HISTORY PRESENTATION: MARIA VON TRAPP - THE REAL STORY BEHIND AND BEYOND “THE SOUND OF MUSIC”

The goal and benefit of living history presentations is to encourage and inspire care providers as individuals. Life stories are always inspiring. Matriarch of the Trapp Family Singers, Maria von Trapp (1905-1987) is a woman of passionate faith and uncompromising determination. She had “what it takes” to lead her family from being refugees to an internationally known singing group. Sharing memories from pre-WWII Austria to the 1965 release of *The Sound of Music*, you’ll learn the story of the Trapp Family and their journey to a new home in America. As you might imagine, the real story is not exactly what you saw in the beloved movie. Step back in time to meet this funny, lively and unforgettable woman via this entertaining Living History program. Will there be singing? Natürlich! (Of course!) (1 hour-TP 17.1, TP 18.1, PP 9.1)

UNDERSTANDING BRAIN DEVELOPMENT IN EARLY CHILDHOOD

Through a hands-on activity called the “Brain Architecture Game”, participants will learn how the young brain develops through genetics, earliest experiences, and ongoing life events. The activity helps us make connections to what is most impactful for young children, what social, emotional, and other supports they truly need, and how stress is impacted by our histories. (1 hour-CGDL 6.1, SEHD 2.1)

SOCIAL-EMOTIONAL HEALTH AND WELLNESS FOR ADULTS AND YOUNG CHILDREN

Children develop social-emotional skills largely through the modeling by and relationships with the adults around them. Taking care of and educating young children requires the social-emotional skills of self-awareness and self-regulation. It requires us to know our own triggers and manage our responses to them. Dr. McArthur will share stories of healing and resilience, and support caregivers and educators of young children in identifying the choices they can make in building resilience for yourselves and the little ones in their world. (1 hour-SEHD 2.1, SEHD 9.1)

WWW.JEFFCOCHILD CARE.ORG



**\$70 - REGISTER BY FEBRUARY 17
(LATE REGISTRATION \$80)**

NO REFUNDS - ADULTS ONLY

DATE: Saturday, March 2, 2024

TIME: 8:00 am – 4:30 pm

WHERE: Apex Community Recreation Center
6842 Wadsworth Blvd. Arvada 80003

MEALS: **Breakfast:** Breads/Muffins, Fruit, Hard-Boiled Eggs, Juice, Coffee
Lunch: Deli Sandwiches, Potato Salad, Chips, Fresh Veggies, Dessert, Drink
Snack: Fruit, Popcorn, Cookies, Breads/Muffins, Drink
We are unable to accommodate all dietary needs-please plan accordingly.

CONFERENCE SPEAKERS



Kim Beville, MA;
Speaker, Author, Adjunct Professor; Gray Matters

Becky Edwards, MA Ed. CPSI;
Edwards Early Childhood Consulting

Elsa Wolff aka “The Guitar Lady”;
Singer, Storyteller, Living History Performer for over 23 years.

Laura McArthur, PhD;
Co-founder, Resilient Futures

Jefferson County Child Care Association
P.O. Box 280853
Lakewood, Colorado 80226

**“WHAT IT TAKES!” CONFERENCE
SATURDAY, MARCH 2, 2024**



SPACE IS LIMITED!

OR CURRENT RESIDENT

2024 “WHAT IT TAKES!” CONFERENCE REGISTRATION

Make checks payable to JCCCA. Mail registration and fee(s) to: JCCCA, 12296 W. Ohio Place, Lakewood, CO 80228

Registration and fees must be received in full by February 17 or late registration fee of \$80 will be applied.

No Refunds - Adults Only

Payee Name _____

Address _____

City _____ Phone _____ Email _____

Attendee 1 _____ Email _____

Attendee 2 _____ Email _____

Attendee 3 _____ Email _____

Attendee 4 _____ Email _____

Attendee 5 _____ Email _____

Attendee 6 _____ Email _____

For more info: Call Kim 303-988-8368 or Carrie 303-432-7979

Register & pay online: jeffcochildcare.org